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GYMFLEX

HEALTH CLUB MEMBERSHIPS

Some of our partners:



Fitness First



Part of Places for People



What is GymFlex?

GymFlex is your fitness benefit that offers you savings of up to 40% on a gym membership at a choice of over 4,000 gyms, leisure centres, health clubs, yoga or pilates studios and bootcamps across the UK. With thousands of options available, you can choose something that suits your location, preference and budget!

Become fitter, healthier and happier! Exercise plays a huge part in your physical and mental wellbeing, and taking care of that right now has never been more important. So, what better time to create a new fitness habit than right now!



Savings of up to 40%



4,000+ locations to choose from



Discounts available for partners too!

Already a member? No problem! Lots of gyms on the network allow you to swap your direct membership to a discounted GymFlex one! Look out for the 'swap scheme' symbol and if your chosen gym displays this, you can make the switch to GymFlex to enjoy your favourite club while saving big!

Your company will pay the full cost of your membership up front and in full on your behalf and will reclaim this back via salary deductions.

More than just gyms!

You can also save big at hundreds of spas, climbing walls, golf clubs, CrossFit studios and more on GymFlex!

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