

How MyDay Works

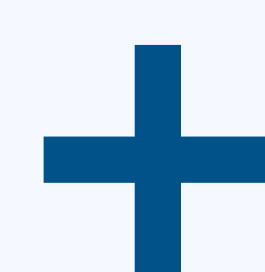
Employees use the **MyDay** app to:



The Results

Wellbeing Goals Achieved

Employees physical & mental health improves: MyDay facilitates preventative health & wellbeing



Net Zero Goals Achieved

Carbon neutrality made tangible for every employee: MyDay facilitates collective climate action.