

**Keeping people in  
work, safe and well  
for over 25 years.**



**MEDIGOLD  
HEALTH**

**We're the industry  
pioneers putting  
people at the heart of  
everything we do.**

Medigold Health are one of the most trusted names in the workplace health industry. With a rich clinical heritage, over the last 25 years we have built a reputation for quality and for always delivering the highest standards of care and clinical excellence.

Our holistic approach to occupational health focuses not only on mitigating risk but on actively enhancing employee wellbeing. As well as helping organisations to create safer, healthier workplaces, we also empower their people, providing them the tools and knowledge they need to be able to build more supportive, inclusive cultures, where every employee can thrive and consistently deliver their best.

But we are more than just a workplace health provider; we are pioneers in our field. Our unwavering commitment to investing in the next generation of OH clinicians and being at the forefront of tech innovation sets us apart. With our trailblazing software solutions, we're paving the way for the future of occupational health.

A smiling woman with dark curly hair, wearing a white lab coat, is talking on a mobile phone. She is wearing a watch on her left wrist and a necklace. The background is a blurred office setting.

## Our services

With our comprehensive range of services, we've got your employees' health covered.



## Sickness absence management

Reduce the impact of sickness absence on your business and empower your managers to more effectively support employees in managing their health, so they can stay in work, safe and well.

### We offer:

- Management referral assessments and occupational health reports
- Case management
- Advice on reasonable adjustments
- Clinical advice line
- Day-one absence management solutions.



## Workplace adjustment services

Create a more diverse, inclusive workplace and allow talent to flourish in your organisation by removing barriers and providing effective support to enable every employee to thrive.

### We offer:

- Workplace adjustment programmes and needs assessments
- Case management and procurement support
- Strategic advice and consultancy
- Disability and health awareness training
- Support with becoming a disability-confident employer.





## Health and wellbeing services

Promote a healthy and happy workforce by providing preventive and proactive interventions to address physical and mental health issues.

### We offer:

- Health assessments
- Health and wellbeing content, including wellbeing calendars, webinars and factsheets
- Health coaching
- Lifestyle assessments.



## Drug and alcohol testing and support

Protect your business and your people from the risks associated with substance misuse.

### We offer:

- Drug and alcohol testing and laboratory services
- Testing kits and competency training for in-house testing
- Policy review and development support
- Education and awareness training
- Support for employees with addiction.



## Neurodiversity support services

Build a truly neuroinclusive workplace and harness the potential of your neurodiverse employees with support that's tailored to them.

### We offer:

- Neurodiversity workplace assessments and screening
- Non-clinical case management
- Coaching
- Advice on reasonable adjustments
- Education and awareness training
- Neurodiversity toolkits.





## Workplace training and consultancy

Promote and engender positive behaviour change within your organisation by equipping your people with the knowledge, tools and confidence to be able to support and manage their own and others' health more effectively.

### We offer training and consultancy on subjects including:

- Mental health
- Neurodiversity
- Disability
- Health and wellbeing
- Drug and alcohol awareness.



## Health surveillance and compliance

Protect your people from occupational illness and injury and ensure your business remains compliant with health and safety standards and legislation.

### We offer:

- Health surveillance services
- Biological monitoring
- Night worker screening
- Fit to Work medicals
- Occupational vaccinations
- Travel vaccinations and advice
- Consultancy services.





## Mental health support services

Support your employees' mental health and wellbeing and foster a positive and supportive work culture.

### We offer:

- Mental health first aid training
- Psychological assessments and therapy
- Crisis intervention
- Counselling and talking therapy
- Employee Assistance Programmes (EAP)
- Mental wellbeing app solutions.





## Primary healthcare

Provide your employees with access to quality, convenient online and face-to-face healthcare services and reduce wait times for essential care.

### **We offer:**

- Private GP services and telemedicine
- Vaccinations
- Prescriptions
- Referrals
- Health screening.



## Musculoskeletal health and support services

Prevent and treat musculoskeletal disorders and injuries that affect your employees' mobility and function.

### We offer:

- Display Screen Equipment (DSE) assessments
- Ergonomic workstation and workplace assessments
- Ergonomic vehicle assessments
- Physiotherapy services.





## Small business support



*Introducing...*



SMEs are the backbone of our economy, employing almost 17 million people in the UK. Keeping them all safe and well at work can be a tough task. Yet small and medium businesses are still five times less likely than large businesses to have access to occupational health support to help them meet the challenge.

We're on a mission to change that, and that's why we developed Medigold Health Protect.

Protect is a simple, affordable solution that makes it easy for you to protect your people for less, so you can get back to focusing on what you do best: growing your business.

Available exclusively to SMEs and wrapped up in a simple annual subscription, it provides you with unlimited access to a package of essential clinical support and wellbeing tools, including:

- ☆ New starter health questionnaires and assessments
- ☆ Sickness and absence management assessments and reports (including requesting and interpreting reports from employees' GPs as necessary)
- ☆ Telephone and email clinical advice and guidance from our OH team to support your workplace health strategy and compliance
- ☆ A dedicated Client Relationship Manager
- ☆ An annual calendar of free health and wellbeing events
- ☆ Discounts on additional workplace health services
- ☆ A library of health and wellbeing content, webinars and links
- ☆ Licences for all employees to the Thrive: Mental Wellbeing app, which uses clinically proven, NHS-approved tools and techniques to support mental and emotional health.

## What our clients say about us...

Our employees benefit greatly from the Medigold service. Knowing that they have a confidential health and wellbeing support infrastructure available to them has proven to be very popular and reassuring.

*Stephen*

**Colcrete Limited**

I loved the learning and the engagement throughout! Everything was very clear and I loved how complex and difficult topics were covered in a sensitive way. Opinions were valued and opportunities were given to discuss topics. Thank you for a great course!

*Josie*

**Royal College of Nursing**

The course was very informative. It was not too formal and our trainer was very engaging. I feel everything I could possibly need to know was covered; it was a good experience.

*Lisa*

**Kent Frozen Foods Ltd**

We have never had Occupational Health before, so the Medigold service has been fantastic! I have been getting really great feedback from the team.

*Britta*

**Ecosulis**

The training was educational and very well run, with the trainer providing the latest updates for our drug testing programme in a very informative manner.

*Rebecca*

**Harrods**





**A legacy you  
can trust**

The Medigold Health Group have been providing occupational health and wellbeing solutions to businesses and organisations across the UK for over a quarter of a century.

Our driving mission is to help more employers take better care of their employees, and we believe that everyone deserves access to quality OH services. We're proud to work with businesses of every size, from major corporations to small and medium-sized enterprises, bringing our experience and expertise to customers operating across a diverse range of industries.



Having grown from a small family business, we now employ over 600 occupational health clinicians. Running 100+ clinics across the country, we support more than 3,500 customers looking after 4.5 million individual employees (approximately 14% of the UK's workforce).

If you'd like to learn more about how we can help **your** organisation, get in touch with us today.



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